



JAIN CENTER OF AMERICA INC.

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JAIN CENTER OF AMERICA

CELEBRATES

PARYUSHANA MAHAPARVA

WEDNESDAY, AUGUST 20-WEDNESDAY, AUGUST 27

DAS LAKSHANA MAHAPARVA

THURSDAY, AUGUST 28-SATURDAY, SEPTEMBER 6

SWAPNA DARSHAN

SUNDAY, AUGUST 24

Message from the Chairman and the President

Pranam to all dear Saadharmiks,

Jai Jinendra,

Once again, at JCA, we unify to better ourselves. It is the time of the year for us to reflect on the year that has been and what is to come.

Over the last few months, we have had many events, and each has been a great success thanks to the support and encouragement from all of you. I am looking forward to the same dedication and meeting everyone in person during Paryushana Maha Parva and Das Lakshan Maha Parva from August 20th to September 6th. Thank you to the Sakal Sangh, Board of Trustees, Executive Committee, Religious Coordinators, Kitchen Coordinators, Aangi Team, Decoration Team, Office Team, and Volunteers for their valuable support to the JCA. Michhami Dukkadam

Best Regards,
Mehul Shah
Chairman, Jain Center of New York



Pranam and Jai Jinendra to all Saadharmiks,

As we near the holiest days of the year, I want to express my heartfelt gratitude to the entire Sangh for the support to the Executive Committee. We, at JCA, will be celebrating Paryushana Maha Parva from August 20th to August 27th and Das Lakshana Maha Parava from August 28th to September 6th. I am pleased to announce the scholars who will be with us all days,

Dr. Tej Saheb (Mahavir Swami Derasar, Sthanak, Dadabadi and Srimad Rajchandra)

Pandit Maheshkumarji Jain (Shri Adinath Jinalaya)

I would also like to take this opportunity to thank profusely the entire Sangh, the board of Trustees, the Executive Committee, the Religious Coordinators, the volunteers, the Kitchen team, the Aangi team, Pathshala teachers and the employees for their relentless work towards the betterment of JCA. Your support is indispensable! We continue to try our best to make JCA a safe and serene place of spiritual growth. On this occasion, I would like to ask the Sangh for forgiveness for any way I may have hurt anyone, knowingly or unknowingly. Michhami Dukkdam.

Regards,
Rasik Sanghavi,
President, Jain Center of America

About the Scholars

Shri Dr. Tej Saheb



With a PhD in Jainism, Tej Saheb has been instrumental in spreading the teachings of Jain principles globally. He has traveled extensively to encourage Jains to understand and follow aspects such as Paryushana, Ayambil Oil, and various important topics. He is the author of numerous books. He has influenced many youths by organizing talks in colleges. Tej saheb has mastered many Sutras such as Acharang, Tattvarth and Uttaradhyan Sutras. He is also proficient in Nav Tatva, Aath karma and Chha Dravaya.

He has been awarded the Jain Ratna Samaj Award in 2013.



Pandit Maheshkumarji Jain



Pt. Mahesh Kumar ji Jain is erudite scholar and dedicated teacher of Jain philosophy. He currently serves as the Head Lecturer at Shri Digamber Jain Shraman Sanskriti Sansthan, Jaipur, where he has been instrumental in shaping the academic and spiritual journey of countless students. With over 11 years of teaching experience at some of India's most respected Jain institutions, Pt. Jain has devoted his life to the study, interpretation, and dissemination of Jain scriptures. His scholarly pursuits include an in-depth understanding of texts such as Tatvartha-sutra, Sarvarth-sidhi, Raj-Vartika,

Karma-kand, Kartikey-anupreksha, Ratnakarand Shravakachar, Samayasaar, and many others. He is especially known for his profound knowledge of Karmanuyoga, which he explores with analytical depth and spiritual insight. A powerful orator, he has delivered lectures and conducted camps across major Indian cities—Delhi, Jaipur, Mumbai, Surat, Jhansi—and also internationally, including in the USA and Bangkok. His teachings bridge ancient wisdom with contemporary relevance, making Jain philosophy accessible and inspiring to diverse audiences.



MAHAVEER SWAMI DERASAR

Vyakhankar Shri TejSaheb

Date	Event	Time	Place
Wednesday, August 20th (SHRAVAN VAD 12) DAY 1 Gheeboli for Day 1 Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo	Snatra Puja & Bhakti	8:30 am to 10:00 am	Derasar, 2nd FL
	Vyakhyanmala	10:30 am to 12:30 pm	Upashraya, 2nd FL
	Ekasana SwamiVatslya	12:00 pm to 2:00 pm	4th Floor
	Pratikraman	6:30 pm to 7:30 pm	Library 3rd Floor, Shrimad Rajchandra Hall
	Bhakti Bhavana	7:00 pm to 8:00 pm	Upashraya, 2nd FL
	Pravachan	8:00 pm to 9.30 pm	Upashraya, 2nd FL
	Ghee Boli, Aarti, Mangal Divo	9.30 pm Onwards	Derasar, 2nd FL
Thursday, August 21st (SHRAVAN VAD 13) DAY 2 Gheeboli for Day 2 Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo	Snatra Puja & Bhakti	8:30 am to 10:00 am	Derasar, 2nd FL
	Vyakhyanmala	10:30 am to 12:30 pm	Upashraya, 2nd FL
	Ekasana SwamiVatslya	12:00 pm to 2:00 pm	4th Floor
	Pratikraman	6:30 pm to 7:30 pm	Library 3rd Floor, Shrimad Rajchandra Hall
	Bhakti Bhavana	7:00 pm to 8:00 pm	Upashraya, 2nd FL
	Pravachan	8:00 pm to 9.30 pm	Upashraya, 2nd FL
Friday, August 22nd (SHRAVAN VAD 14) DAY 3 Gheeboli for Day 3 Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo Following ghee boli will start And Aadesh will be given on Saturday Swapna Darshan -Maata Pita of Bhagwan Sangh chandlo Chaamar 14 Swapna ni Dori pakadvanu Thali Vagadvanu Kalpa sutra Arpan And Kalpasutra Pujan	Snatra Puja & Bhakti	8:30 am to 10:00 am	Derasar, 2nd FL
	Vyakhyanmala	10:30 am to 12:30 pm	Upashraya, 2 nd FL
	Ekasana SwamiVatslya	12:00 pm to 2:00 pm	4th Floor
	Pratikraman	6:00 pm to 8:00 pm	Library 3rd Floor, Shrimad Rajchandra Hall
	Bhakti Bhavana	7:00 pm to 8:00 pm	Upashraya, 2 nd FL
	Pravachan	8:00 pm to 9.30 pm	Upashraya, 2 nd FL
	Aarti, Mangal Divo Ghee Boli	9.30 pm Onwards	Derasar, 2 nd FL

Saturday, August 23rd (SHRAVAN VAD AMAS) KALPASUTRA ARPAN 5 types of Pujan DAY 4 Gheeboli for Day 4 Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo	Snatra Puja	8:30 am to 9:30 am	Derasar, 2 nd FL
	Kalpasutra Arpan / Vachan/ 5 Pujan	9:30 am to 10:30 am	Derasar, 2 nd FL
	Vyakhyanamala	10:30 am to 12:30 pm	Upashraya, 2 nd FL
	Ekasana Swamivatsalya	12:00 pm to 2:00 pm	4th Floor
	Pratikraman	6:30 pm to 7:30 pm	Library 3rd Floor, Shrimad Rajchandra Hall
	Bhakti Bhavana	7:00 pm to 8:00 pm	Upashraya, 2 nd FL
	Pravachan	8:00 pm to 9.30 pm	Upashraya, 2 nd FL
	Kids Session Book Distribution	8:15 pm to 9.30 pm	Cellar
	Ghee Boli, Aarti, Mangal Divo	9.30 pm Onwards	Derasar, 2 nd FL

Sunday, August 24th (BHADARVA SUD 1) DAY 5 Swapna Darshan day 1:00 pm onwards MAHAVIR JANMA KALYANAK VANCHAN DAY BESTO MAHINO Gheeboli for Day 5 Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo	Snatra Puja & Bhakti	8:30 am to 10:00 am	Derasar, 2 nd FL
	Vyakhyanamala	10:00 am to 12:00 pm	Upashraya, 2 nd FL
	Ekasana	3:30 pm onwards	Gujrati Samaj
	Swamivatsalya	4:30 pm onwards	Gujrati Samaj
	Pratikraman	TBA	TBA
	Aarti, Mangal Divo Ghee Boli	9.30 pm Onwards	Derasar, 2 nd FL
Monday, August 25th (BHADARVA SUD 02) DAY 6 Gheeboli for Day 6 Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo	Snatra Puja & Bhakti	8:30 am to 10:00 am	Derasar, 2 nd FL
	Vyakhyanamala	10:30 am to 12:30 pm	Upashraya, 2 nd FL
	Ekasana Swamivatsalya	12:00 pm to 2:00 pm	4th Floor
	Pratikraman	6:30 pm-7:30 pm	Library 3rd Floor, Shrimad Rajchandra Hall
	Pravachan	8:00 pm-9:30 pm	Upashraya, 2 nd Floor
	Ghee Boli, Aarti, Mangal Divo	9.30 pm Onwards	
Tuesday, August 26th (BHADARVA SUD 03) DAY 7 Gheeboli for Day 7 Barsa Sutra Arpan Barsa Sutra Pujan Photo Darshan Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo	Snatra Puja & Bhakti	8:30 AM to 10:30 am	Derasar, 2 nd FL
	Vyakhyanamala	10:30 am to 12:30 pm	Upashraya, 2 nd FL
	Ekasana Swamivatsalya	12:00 pm to 2:00 pm	4th Floor
	Pratikraman	6:30 pm to 7:30 pm	Library 3rd Floor, Shrimad Rajchandra Hall
	Bhakti Bhavana	7:00 pm to 8:00 pm	Upashraya, 2 nd FL
	Pravachan	8:00 pm to 9.30 pm	Upashraya, 2 nd FL
	Ghee Boli, Aarti, Mangal Divo	9.30 pm Onwards	Derasar, 2 nd FL

Wednesday, August 27th (BHADARVA SUD 04) SAMVATSARI MAHAPARVA DAY KSHAMPANA DAY Barsa Sutra Arpan Barsa Sutra Pujan Photo Darshan DAY 8 Bhojanshala is closed on Samvatsari Day Gheeboli for Day 8 Morning Shanti Kalash Morning & Evening Aarti and Mangal Divo Please check schedule for early Pratikraman	Snatra Puja & Bhakti	8:30 am to 10:30 am	Derasar, 2 nd FL
	Barsa Sutra Arpan/ Gyan Pooja/ Photo Darshan/ Vanchan	9:30 am to 10:30 am	Upashraya, 2 nd FL
	Kshamapana Vyakhyan	10:30 am to 12:30 pm	Upashraya, 2 nd FL
	Ladies w/Young Kids Samvatsari Pratikraman	1:00 pm to 4:00 pm	Gujarati Samaj
	Ladies and Gents Samvatsari Pratikraman	4:00 pm Onwards	Gujarati Samaj 173-15, Horace Harding Expy, Queens, NY 11365
	Aarti, Mangal Divo		Gujarati Samaj
Thursday, August 28th (BHADARVA SUD 05) Sakal Sangh Parna Day DAY 9		9:00 am onwards on the 4th Floor. Sakal Sangh is invited	

Samvatsari Early Pratikraman

(for ladies with young kids) on August 27th, 2025

For Pratikraman at Temple,

contact Labdhi Manan Shah; 347-468-0439

For Pratikraman

contact Harishlata Patel; 917-969-0219

Samvatsari Pratikraman

4:00 Pm Onwards

Gujarati Samaj Hall

173-15, Horace Harding Expressway, Queens, NY 11365

Swapna Darshan

Sunday, August 24th, 2025,
1:00 pm onwards

Venue: Gujarati Samaj 173-15,

Horace Harding Expressway, Queens, NY 11365

On the 5th day of Paryushana Mahaparva, the section on the birth of Mahaveer Swami from the Kalpa Sutra is recited also known as Swapna Darshan Celebration. On this day, the 14 dreams of Mahaveer Swami's mother, Trishalamata, while he was in the womb, and his birth are celebrated.

We will be doing Lucky Draw for 7 Swapnas and Ghee Boli for 7 Swapnas.

Upto 4 families can take laabh together for each Swapna.

Please note that Ekshnas will be on tables only,

Tapasvis are requested to bring their boiled water

There is no place at the Hall to wash utensils. JCA will be providing paper products.

There is a donation of **\$151** for one entry to the LUCKY DRAW.

You can have as many entries as you want by donating **\$151** for each entry.

You will have maximum 15 chances to get Swapna draw. However, the winning entry will not be eligible for the next draw.

Bhagyashali who takes the Ghee Boli of Mata Pita of Lord Mahaveer should arrive at Gujarati Samaj **by 12:30 pm** as the **Varghoda Procession will start at 1:00 pm**

Lucky draw will be held for following 7 Swapnas

Swapna Number	Swapna Name	Meaning of Swapna
2	Rushabh	Bull
3	Kesari Sinha	Lion
5	Phool ni Mala	Flower Garland
6	Chandra	Moon
7	Surya	Sun
9	Kalash	Silver Jug
14	Agni Shikha	Fire

Please participate generously and give your names to any of the EC members or JCA Office staff on or before the time of lucky draw on **Sunday, August 24th, 2025**

**Each Swapna will have three laabhs
Swapna Jhulavanu, Sona ni mala and Moti ni mala**

	Swapna	Name	
1		Gajvar	
2		Rushabh	LUCKY DRAW
3		Kesari Sinha	LUCKY DRAW
4		Laxmi Devi	
5		Phool ni Mala	LUCKY DRAW
6		Chandra	LUCKY DRAW
7		Surya	LUCKY DRAW
8		Dhwaja	

9		Kalash	LUCKY DRAW
10		Padma Sarovar	
11		Vahan	
12		Dev Viman	
13		Ratna no Pahad	
14		14 Agni Shikha	LUCKY DRAW

	Laabh	
15	Bhagwan Padhravanu	Gheeboli on August 24 at Gujarati Samaj
16	Halardu Julavanu	Gheeboli on August 24th at Gujarati Samaj
17	Bhagwan na Mata Pita	Gheeboli on August 22nd and August 23rd at JCA
18	Chandla to Sakal Sangh	Gheeboli on August 22nd and August 23rd at JCA
19	14 Swapna ni Dori Pakadvanu	Gheeboli on August 22nd and August 23rd at JCA
20	Thali Danko Vagadvanu	Gheeboli on August 22nd and August 23rd at JCA
21	Chamar	Gheeboli on August 22nd and August 23rd at JCA

STHANAK

Paryushana Mahaparva
August 20th- August 27th 2025

Daily Parvachan by
Dr.Tej Saheb

10:30 am-12:30 pm- 2nd floor
8:00 pm- 9:30 pm – 2nd floor (in Hindi)
No lecture on Sunday, August 24th
due to Swapna Darshan Celebrations

Daily Ekashna and Swamivatsalya
12:00 pm-2:00 pm
4th floor-Bhojanshala

Daily Pratikaman
6:45 pm
In Hindi- 3rd floor
In Gujarati-Cellar

Samvatsari Pratikaman
Wednesday, August 27th 2025

5:30 pm SHARP – JCA-2nd floor- Hindi
5:30 pm- Clinton G. Martin Hall- Gujarati

PLACE: CLINTON G. MARTIN HALL, 1601 Marcus Avenue, New Hyde Park, NY 11040
Pratikaman Hall and Prabhavana Sponsored by EK SADHARMIK FAMILY

For further details please contact:

Ulka Kothari 516-314-7517

Shweta Kothari 646-725-5022

Pinky Lodha 917-250-9973

Nina Pipalia 917-539-4044

Alka Kothari 646-331-1662

SHRI GURUDEVDEVAY NAMAH

Paryushana Mahaparva
August 20th- August 27th 2025

Daily Snatra Puja

8:30 am -On 2nd Floor

Daily Parvachan by

Dr.Tej Saheb

10:30 am-12:30 pm- 2nd floor

8:00 pm- 9:30 pm – 2nd floor (in Hindi)

No lecture on Sunday, August 24th
due to Swapna Darshan Celebrations

Daily Ekashna and Swamivatsalya

12:00 pm-2:00 pm

4th floor-Bhojanshala

Daily Pratikaman

6:45 pm- 4th floor

Daily Aarti and Mangal Deevo 9:30 pm

Nakro Aarti -\$251, Mangal Deevo-\$151

Swapna Darshan on Sunday, August 24th 2025

At Gujrati Samaj Hall- 1:00 pm onwards

Samvatsari Pratikaman

Saturday, August 27th 2025

4:30 pm SHARP -4th floor

Samvatsari Aarti and Mangal Deevo by Ghee Boli

For taking laabh and further details please contact:

Meenu ji Dhandia 347-233-5887

Monika (Dolly) Ji Naheta 646-642-1362 Tina Ji Pophaliya 917-415-9595

SHRIMAD RAJCHANDRA

Paryushana Mahaparva
August 20th- August 27th 2025

Daily Parvachan by
Dr. Tej Saheb

10:30 am-12:30 pm- 2nd floor

8:00 pm- 9:30 pm – 2nd floor (in Hindi)

No lecture on Sunday, August 24th
due to Swapna Darshan Celebrations

Daily Ekashna and Swamivatsalya

12:00 pm-2:00 pm

4th floor-Bhojanshala

Swapna Darshan on Sunday, August 24th 2025

At Gujrati Samaj Hall

1:00 pm onwards

SHRI ADINATH JINALAY

DATE	PROGRAM	TIME
Thursday, Aug, 28th Das Lakshan Prarambh Panchmi	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 1 ~ Uttam Kshama Dharma Poojan	9:00 AM
	Swamivatsalya	1:00 PM
	Swamivatsalya	6:00 PM
	Bhavna & Aarti; Pravachan&Paathshala	7:00 PM
Friday, Aug, 29th Chatmi	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 2 ~ Uttam Mardav Dharma Poojan	9:00 AM
	Swamivatsalya	12:30 PM
	Swamivatsalya	6:00 PM
	Bhavna & Aarti; Pravachan&Paathshala	7:00 PM
Saturday, Aug, 30th Saptami	Youth led Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 3 ~ Uttam Arjav Dharma Poojan	9:30 AM
	Swamivatsalya	12:30 PM
	Special Pravachan for Paathshala Kids; Aarti	2:30 PM
Sunday, Aug, 31st Ashtami SHRI VARDHAMAN STOTRA MANDAL VIDHAN POOJAN	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 4 ~ Uttam Shauch Dharma Poojan, Shri Vardhaman Stotra mandal Vidhan	9:00 AM
	Swamivatsalya	1.30 PM
	Bhavna & Aarti; Pravachan&Paathshala	3:30 PM
Monday, Sept.,1st Navmi	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 5 ~ Uttam Satya Dharma Poojan	9:00 AM
	Swamivatsalya	12:00 PM
	Bhavna & Aarti; Pravachan&Paathshala	2:30 PM
Tuesday, Sept., 2nd SugandhDashmi	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 6 ~ Uttam Sayam Dharma Poojan	9:00 AM
	Swamivatsalya	12.30 PM
	Swamivatsalya Bhavna & Aarti; Pravachan&Paathshala	6:00 PM 7:00 PM
Wednesday, Sept., 3rd Gyaras	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 7 ~ Uttam Tap Dharma Poojan	9:00 AM
	Swamivatsalya	12.30 PM
	Swamivatsalya	6:00 PM
	Bhavna & Aarti; Pravachan&Paathshala	7:00 PM
Thursday, Sept,4th Baras	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 8 ~ Uttam Tyag Dharma Poojan	9:00 AM
	Swamivatsalya	12:30 PM
	Swamivatsalya	6:00 PM
	Bhavna & Aarti; Pravachan&Paathshala	7:00 PM
Friday, Sept.,5th Teras	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 9 ~ Uttam Aakinchan Dharma Poojan	9:00 AM
	Swamivatsalya	12:30 PM
	Swamivatsalya Bhavna & Aarti; Pravachan&Paathshala	6:00 PM 7:00 PM
Saturday, Sept.,6th Anant Chaturdasi Das Lakshan Vidhan	Abhishek & Parv Pooja ,Shri Das Lakshan Mandal Vidhan Day 10 ~ Uttam Brahmcharya Dharma Poojan	9:00 AM
	Swamivatsalya Pravachan & Samayik & Aarti Saamuhik Kshamapana	1:00 PM 3:30 PM 5:00 PM
Sunday, Sept.,7th	Abhishek & Nitya Pooja Samuhik Tapasvi Parna	9:00 AM 10:30 AM

Kids Session

Interactive kids' sessions have been planned for
Saturday August 23rd 2025

Please reach out to Dimple Jain at 347-573-7275 or fill the form

To register for the session on Saturday

<https://docs.google.com/spreadsheets/d/1aqe1VyAwhFttI9P5VdDHH3UfTHAuVMMRUr7g1s5QeM0/edit#gid=0>



**Kids activities
during Paryushana and Das Lakshana**



**Do as many activities
as you can listed in the
PDF below**



**After Paryushana/Das
Lakshana,
have a parent sign the PDF**



**Whats App a photo of the
PDF to Dimple Jain at
347-573-7275**

**Kids will be recognized at the Samuh Sanjhi on
Sunday, September 7th**



PARYUSHANA KIDS POINT CHART

NAME:

AGE:

TASKS	POINTS	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
NAV KARVALI	1								
POOJA	1								
SAMAYIK	10								
PRATIKAMAN	20								
UPVAS	30								
EKASHNU	25								
BESNU	20								
NAV KARSHI	10								
CHUVIYAR	10								
TIVIHAR	5								
NO GREEN VEGETABLES	5								
NO TV/NETFLIX	10								
NO PHONE	10								
ATTENDED YOUTH SESSION	10								
MAUN- ONE HOUR	5								
BOW DOWN TO ELDERS	5								
DON'T WASTE FOOD	5								
TOTAL									
PARENT SIGNATURE									
GRAND TOTAL									


Check off the activities you do per day

For activities that you can do multiple of, such as Maun, how many times you did it.

Have a parent/grown up sign at the end of each day.

After 8 days, take a picture of your sheet and Whats App to Dimple ji at 347 573 7275

Das Lakshana Kids' Point Chart

DAS LAKSHAN ACTIVITIES	Days									
	Day 1 Thursday (8/28)	Day 2 Friday (8/29)	Day 3 Saturday (8/30)	Day 4 Sunday (8/31)	Day 5 Monday (9/1)	Day 6 Tuesday (9/2)	Day 7 Wednesday (9/3)	Day 8 Thursday (9/4)	Day 9 Friday (9/5)	Day 10 Saturday (9/6)
2025 Namokar Mantra (+10pt) Chanting Nine Times Namokar Mantra with 27 breaths. <small>Process: "namo arhantnam" breathe in, "namo siddhamam" breathe out, "namo ayanamam" breathe in, "namo vajrayanam" breathe out, "namo loye" breathe in, "sawa sathanam" Breathe out. Repeating nine times will equal total 27 breaths.</small>										
Pooja-Abhishek (+15pt) <small>Morning Pujan of Das Lakshan Dham with Eight Dravyas.</small>										
Samayik (+20pt) <small>1. Stand on a mat in a quiet place. 2. Bring your attention to your heart. Bow down in all directions for all the enlightened beings by turning around. 3. Sit facing East direction. 4. Pay attention to your breathe as if touching your soul when you inhale and exhale for 3 minutes. 5. Now feel as if the soul is communicating to you with its vibration. Stay here as long as you feel like.</small>										
Pratikraman (+20pt) <small>Request forgiveness to every living being around you for disturbing or hurting them even unconsciously. Use the prayer "Aachana Paath" for addressing every living being.</small>										
Upvas (+50pts) without water										
Upvas (+35pts) with water										
Ekas na (+25pts) One time meal										
Limiting Green Vegetables & Fruits (+5pts) Use statement before every meal "Today I will be consuming ____ number of vegetables and doing tyag of ____ number minus 84 lakh Vegetable bodied beings."										
No Root Vegetables (+10pts) <small>Giving up root vegetables saves us from hurting millions of living beings which is unusually a high count compared to other vegetables.</small>										
No Ratribhojan (+10pts) <small>Eating only in the day time helps our metabolism to perform efficiently along with hurting the excessing beings that grow in the absence of sunlight and in the presence of CO2 due to plants respiration time.</small>										
Attended Youth Session (+20pts) <small>Understanding laws of nature, fundamentals and clearing doubts helps us to make wiser decisions in life.</small>										
No Watching TV or any serials(+10pts)										
No Phone/iPad/Laptop/etc (+20pts)										
Maun/no talking per hour (+30 pts) <small>Keeping Silence helps us become more aware about our thoughts and feelings.</small>										
Bow down to elders (+5 pts) <small>Blessing of elders and gurus is important for life. Collect as much as possible.</small>										
Not wasting food (+5 pts) <small>Taking only enough food in plate and not overconsuming anything. Praying for all beings to get their meals in time.</small>										
Total for each day										
Parent Signature:										
GRAND TOTAL 										

1) Each day check off which activities you have done (For activities that you can do multiple per day write in the box how many you have done [ex: 5 navkarvalis])

2) At the end of the day sum your total points at the bottom and parents please sign for your kids!

3) After Anant Chaudas take a picture of your worksheet and submit it to ritesh.shah@nyjaincenter.org for your points to count!!

Ekashna and Swamivatsalya during Paryushana

**During Paryushan and Das Lakshana
from August 20th - September 6th 2025**

No Ekashna on August 27th 2025 (Samvatsari)

Nakro for Ekasana is \$ 501.00.

Your generous donation will be highly appreciated.

**There will be Swamivatsalya (lunch) from 12:00pm-2:00 pm
for Saadharmiks who are not fasting.**

Please make sure to call the JCA office to register to avoid food wastage.

**All those who want to do Ekashna during Paryushana,
are requested to call the JCA office at 718-478-9141 and register yourself
one day prior to eliminate wastage of food.
Thank You for your cooperation.**

Aangi and Prabhavna during Paryushana Mahaparva

**Nakro for Daily Aangi and Prabhavana during Paryushan Mahaparva is
\$51.00**

**The Nakro for Aangi and Prabhavana on Mahavir Janam (Day 5)
and on Samvatsari Day is \$101.00**

The Nakro for Daily Snatra Pooja \$51.00.

Saturday, Sunday & Samvatsari Day \$101.00

The Nakro for Children's Book Distribution is \$251.00

Khub Khub Anoumodna

Sponsor for Parna for 2025-\$1,501 per sponsor

Vijayaba Mulchand Sheth Parivaar

Prabhaji Kanakji Golia

Ek Sadgrust (c/o Kanchanben Ratilal Doshi)

Shetaliji Rajkumarji Dhadda

Dakshaben Anilbhai Mukhtiyar and Mitaben Bharatbhai Mukhtiyar

Shreyaben Amishbhai Mehta

Parking

Parking arrangements will be sent in a separate flyer

Bhojanshala

**We request you to celebrate your special days
with the entire Sangh by donating \$ 251.00**

**Bhojanshala is entirely run on the Tithi sponsorship allowing us to
serve freshly cooked Jain meal for all the JCA visitors.**

Membership

Become a member of JCA

Membership forms can be submitted online on our website –

<http://www.nyjaincenter.org> or at the JCA office.

Life Membership - \$301.00

Annual Membership - \$51.00

Pledges

Please find the Pledge(Paryushana) and General form here

<https://acrobat.adobe.com/id/urn:aaid:sc:EU:844e7da0-b2f2-4748-a03c-2ecc48d2f0e3>

Please find the Pledge(Das Lakshana) form here

<https://acrobat.adobe.com/id/urn:aaid:sc:EU:c7c02c76-f064-46d3-8078-a6b0c5c5adb8>

Mark your Calendars

Samuhik Michhami Dukkdam
Uttam Kshama and Tapasvi's Bahuman

Samuhik Sanjhi

On Sunday, September 7th, 2025

11:00 am

At JCA 2nd floor

Chaitya Paripati 1

Siddhachalam and Franklin Township

Sunday, September 14th 2025

Chaitya Paripati 2

Belgium, U.K.

Thursday-Tuesday

September 18th-September 22nd, 2025

Ayambil Oli – Aso Mahina

From Monday September 29th -Tuesday, October 7th, 2025

Parna for Ayambil Oli is on Wednesday October 9th, 2025

at JCA Bhojansala 4th Floor @ 8:30 am

Diwali

Tuesday, October 21st 2025

New Year

Wednesday, October 22nd, 2025



**"Cultural heritage is the thread
that stitches our communities together."**

"Our traditions and values are the roots that anchor our cultural identity, and it's our responsibility as Jain Shravaks to tend to them with care and devotion. By doing so, we pave the way for future generations to embrace and build upon our legacy, ensuring the eternal flame of Jainism continues to shine bright."

**A special thank you
to all our members,
Religious coordinators, volunteers
and employees who relentlessly
support our endeavor of
spiritual growth.**

Regards,

**Board of Trustees
Executive Committee
JCA**

